

## LADIES' NIGHT OUT (April 19)

**8:00-8:45-** “From Surfer Girl to Rebbetzin: My Story” with Sara Esther Crispe

**9:00-10:30-** Movie: 93Queen

*About this film: Set in the enclave of Borough Park, Brooklyn, 93Queen follows Ruchie Freier, a no-nonsense Chassidic lawyer and mother of six, who is determined to create the first all-female ambulance corps in the United States.*

## CELEBRATION OF JEWISH LEARNING (April 20)

**9:00-9:45-** Workout with Kim Simon

**9:30-10:30-** Breakfast

**10:30-11:30-** Session 1

Gender and Judaism: A Kabbalistic Understanding

**11:40-12:30-** Session 2

“A Woman of Valor”- Life Lessons from Eishet Chayil

**12:30-1:15-** Lunch

**1:15-2:15-** Session 3

Did You Hear What I Meant to Say? A Torah Approach to Successful Communication

**2:15-2:30-** Break with snacks

**2:30-3:30-** Session 4

“I Place My Soul in Writing”- a Personal Narrative Writing Workshop

This interactive class explains the purpose of writing, according to Kabbalah, for our personal growth.